

**THE IMPORTANCE OF SELF EFFICACY IN
COMMUNICATION ANXIETY FOR ENGLISH
DEPARTEMENT'S STUDENTS**

FINAL REPORT

BY

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This is to certify that the Final Report of ANANDA ARDELIA YOHANNA has been approved by the advisor for further approval by the Examining Committee.

Malang, July 15th, 2021

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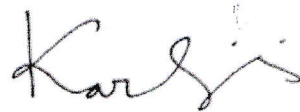
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declare that :

1. this Final Report is the sole work of mine and has not been written in collaboration with any other person, nor does it include, without due acknowledgement, the work of any other person.
2. if at a later time it is found that this Final Report is a product of plagiarism, I am willing to accept any legal consequences that may be imposed upon me.

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MOTTO AND DEDICATION

“ The Lord is my strength and my shield; my heart trusts in him, and he helps me.
My heart leaps for joy, and with my song I praise him”

-Psalm 28:7

This Final Report is dedicated to :

My beloved parents, who have raised me well, supported me, trusted me, and prayed for me all the time. This is incomparable with what they have sacrificed for me, yet I hope that this small step will become a giant leap of progress in the future to make them happy.

ABSTRACT

Yohanna, Ananda Ardelia. 2021. *The importance of Self Efficacy in Communication Anxiety for English Departement Student*. Final Report. D3 English, Program University of Merdeka Malang. Advisor: Drs. Suatmo Pantja Putra, M.Pd.

Key Words: Communication Anxiety, Self-Efficacy, English Departement's Student.

Communication anxiety experienced by students majoring in English usually occurs accidentally and unconsciously. The anxiety experienced by the students occurs due to psychosocial factors. Communicating requires special skills. In contrast, the skills will not develop when the English department's students cannot overcome their communication anxiety. That is why the English department's students so much need self-efficacy. Self-efficacy is the ability of an individual to have self-confidence in solving a problem. Individuals who have high self-efficacy will have the higher cognitive motivation and the ability to act appropriately in a directed manner with clear goals. Having self-efficacy for the English departement's students is a must to get through all the obstacles or problems they face during their communication process. In addition, self-efficacy is very important to improve one's ability to overcome his English communication anxiety. As a result, they can develop their language performance in English communication skills without frustration for getting the needed progress. Therefore, this literature study shows that self-efficacy will lead to courage and improve the students' performance.

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