

## **CHAPTER I**

### **INTRODUCTION**

#### **1.1 Background of Final Report**

University of Merdeka Malang is a private university in Malang with students from various regions in Indonesia. It offers various bachelor's degree and diploma programs and provides a double degree program at the D3 English Department for students who wish to get a double degree in the same study period. Each of students has opportunity to join this program, except for regular English students.

Students who join this program have a lot of advantages, they are getting a double qualification, education range along with the faculty of origin, so that not much time to spent, and the students of this program is trained be ready to work after graduation. This should encourage students to complete their studies until the end. With some benefits provided, it should motivate students to be more enthusiastic in carrying out their daily activities. In this program, some subjects are different from their main study programs such as grammar, listening, writing, reading, English for specific purposes, cross-cultural understanding, and business letters that must take by the students. For other subjects (subjects that are the same

as their main study programs such as Indonesian, citizenship education, and religion), students only need to transfer their grades from the same subject as their main subject to double degree program.

From the benefits offered, the facts that occur in the field show the opposite. Students think that they lose time to do other activities which is very important too, some are think that just spending time on campus will be in vain someday, and there are those who have difficulty sharing time due to certain circumstances. So that this becomes an inevitable problem because every year there will definitely be students who experience problems in carrying out their activities as double degree students. Students who attend this program are different from regular students because they must able to adapt a busy schedule of activities and least study time. If a regular student usually finishes their class earlier, it is different from a double degree student who has to finish his class longer. Not only that, the social environment, and maintaining academic achievement adaptation are demands to be achieve. So, taking a double degree program requires the students to be ready to accept risks and get new experiences also knowledges during the learning process.

On the journey, as well as motivation, there are other things that also influence the psychological condition of students to be able to pass their days. Haryati (2006, p.3) stressed that "new problems will arise between the division of time,

social and academic achievement". This means that students from a double degree program must be ready for new problems such as time management, social environment adjustment, and self-preservation or self-improvement in academic achievement. The risk is quite heavy, and this could be one of the reasons why some students suddenly stop in the middle of the learning process. For students who cannot complete the learning process for several reasons, this can occur due to several factors, one of which is self-efficacy. Self-efficacy is an individual's belief in the ability to complete a task (Bandura, 1997, p. 22).

Self-efficacy influences students in completing dual degree programs in various aspects such as time division, social environment adjustment, and self-preservation, or self-improvement in academic achievement. This is evidenced by the conclusion of the study which states that "students with high self-efficacy contribute to higher goals than students with low self-efficacy" (Ahmad & Triantoro, 2013, p. 23).

Based on Haryati research (2006), "there are some people who are actually more confident and enthusiastic because they have high challenges, there are also those who feel normal because from the beginning have emphasized the determination that undergoing a double degree program is not easy, and some are feeling very unable so that made him have to take several times off in the second major to focus on the first major". If earlier research discusses the effect of self-

efficacy on Airlangga University students in the medical department and the double degree program, in this report the subject of the discussion is the double degree students at the University of Merdeka Malang who have different majors for each student.

Out of daily activities, students are always faced a new problem so they can maintain their self-efficacy. This self-efficacy indirectly participates in the reasons why there are students who can complete the double degree program on time or who stop in the middle of the learning process, therefore the writer final report entitled "SELF-EFFICACY IMPACTS ON DOUBLE DEGREE PROGRAM STUDENTS AT UNIVERSITY OF MERDEKA MALANG"

## **1.2 Objective of Final Report**

This final report is intended to give information that self-efficacy has an impact on students, especially students who take part in double degree program.

## **1.3 Significances of Final Report**

There are several significances from this final report, they are significance for the readers and D3 English program.

### **1.3.1 Significance for The Readers**

This final report is expected to bring new knowledge that self-efficacy can affect our daily activities, such as the schedule of activities owned by double degree students is tighter than regular students. By knowing the effects of self-efficacy, readers can look for ways to maintain or enhance our own self-efficacy.

### **1.3.2 Significance for D3 English Program**

This final report is expected to provide further information about the self-efficacy which will be needed by prospective double degree students.